**Autumn 2019**

**Family Support Services Directory**

**For Families Living in the Ballymun and Surrounding Community**

***Ballymun Network for Assisting Children & Young People***

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***Ballymun Network for Assisting Children & Young People*** emphasize that the information in this directory is provided independently by each agency listed and that this information may be subject to change. For further clarification, please contact individual agencies

| Agency Name | **Services Provided** | **Address** | **Contact Details** | **Level of Need** | **Referral Form Required** | **Can Family Self Refer** |
| --- | --- | --- | --- | --- | --- | --- |
| Accord | * Marriage & Relationship counselling
* Marriage Preparation Programme
* Relationships & Sexuality Programmes in primary and secondary schools *(Note: this service is arranged through Head Office in Holy Cross Diocesan Centre, Clonliffe, Tel: 01 478 0866. Costs are dependent on class numbers and amount facilitators required)*
* Age Range: over 18yrs for counselling services
* Opening times: Monday 9:30 – 13:30
 | Child and Family Resource CentreShangan GreenBallymunDublin 9. | Pat Anderson (Admin Secretary)Tel: 01-8404550Email: swords@dublin.accord.ie Website: [www.accord.ie](http://www.accord.ie) Facebook: [www.facebook.com/AccordMarriageCare](http://www.facebook.com/AccordMarriageCare)  |  | No | Yes |
| Aisling Projects | * After-School service for children and young people in Ballymun who are in need of support in their lives.
* There are 5 Projects in the Ballymun Community. The first 4 projects listed work with Primary School aged children, usually from 3rd class to 6th Class:
	1. Shangan: 10am-6.30pm
	2. Woodhazel: 10am-6.30pm
	3. Sillogue: 10am-6.30pm
	4. Poppintree: 10am-6.30pm
	5. Transition - After-School Service for Young People in Ballymun who are in need of support during the Transition from Primary School to Post Primary School. 11am-7.30pm
* Age Range: 7-16yrs.
* Opening Times: 09:00 – 19:00
 | 1. Ballymun East Child & Youth Centre, Woodhazel Close, D9
2. Ballymun East Child & Youth Centre, Woodhazel Close, D9
3. The Lighthouse, Behind the Reco, Sillogue Rd, D11
4. Poppintree Sports & Community Centre, Balbutcher Lane, D11
5. Ballymun East Child & Youth Centre, Woodhazel Close, D9
 | Micheal Clear (Project Manager)Tel: 01 891 6532Email: aislingproject@gmail.comPamela ComiskeyTel: 01 891 6532Email: aislingwoodhazel@gmail.comCiaran FlanaganTel: 01 891 6532Email: aislingsillogue@gmail.comAudrey RabbitteTel: 01 862 1379Email: aislingpoppintree@gmail.comClare CareyTel: 01 891 6532Email: aislingtransition@gmail.com | Level 2 & 3 | Yes | Yes |
| Áit Linn | * Alcohol treatment and support, group therapy, individual therapy, family therapy, couples therapy, assessment and referral, case consultation (mainly related to addiction).
* Evening Programme on Monday evenings from 18:00 – 19:30 for those who wish to avail of alcohol education/treatment but cannot attend a day programme due to work/college commitments.
* Age Range: over 18 age range – we can where necessary accommodate family meetings that include under 18s but mostly this would involve working with other specialist agencies to directly support the young person under 18
* Opening Times: 9:15 – 17:30
 | 1 Longdale TerraceBallymunDublin 9 | Mara de Lacy (Clinical Manager)Ann Dempsey (Project Worker)Tel: 01 537 3946Website: [www.aitlinn.ie](http://www.aitlinn.ie) | Level 1 - 4  | Yes, it is on our website. | Yes  |
| Ballymun AnseoSchool Completion Programme*Ballymun Anseo contd* | * In school supports are programmes (such as Rainbows, Ignite, Mindfulness, Transition Programme, Roots of Empathy) which address the needs of students who need support to succeed at school to the best of their ability in the following schools:
	+ Margaret Aylward Community College
	+ Rosmini Community School
	+ Plunket College
	+ Our Lady of Victories Boys School
	+ Our Lady of Victories Girls School
	+ Our Lady of Victories Infants School
	+ Gaelscoil Bhaile Munna
* After School supports – a variety of homework and after school clubs run in our premises.
* Holiday supports – study camps for exams students, multi activity camps for students who attend the schools we support.
* Out of school support to students who have left school before they have completed their Leaving Certificate. This support is designed around the needs of the student.
* Age Range: 4 -18yrs
* Opening Times: 8:30 – 17:00
 | Ballymun AnseoCDETBBallymun Road, Dublin 11 D11YK4H | Jennifer Cummins Co-ordinator0872639946ballymunanseoscp@gmail.com | 2-3 | Yes | Yes, in conjunction with the school, agency etc |
| Ballymun Child & Family Resource Centre*Ballymun Child & Family Resource Centre contd* | * Family Support
* Schools out Programme
* Counselling
* Homework Clubs for Children
* Triple P - Parenting Programme
* Support for Parents
* Education & Training courses
* Uniform Bank
* Information & Support
* Health & Wellbeing courses
* Heal your life workshops
* Keep fit & Yoga
* Information Mornings for Breast Cancer awareness, Mental Health, International Women’s Day, VAW 16 Days of Action, Daffodil Day & other topics.
* Networking events for the local community – BBQ, Afternoon Tea Party for ARC,
* Child Psychotherapy
* Age Range: 0 -12 yrs Children Parents 18 yrs
* Opening Times:
	+ Mon – Fri 9:00 –17:00
	+ Monday night counselling until 21:00
 | Shangan GreenBallymun, Dublin 9 | Valerie O’ Carroll (Manager)Tel: 01 852 7183Mobile: 087 149 6044Email: valerie@ballymunfrc.orgFacebook: [www.facebook.com/ballymunchild&familyresourcecentre](http://www.facebook.com/ballymunchild%26familyresourcecentre) | Level 1, 2 & 3 | Yes | Yes |
| Ballymun Community Law Centre | * Legal information.
* Legal advice, support and representation.
* Mediation.
* Family Mediation.
* Legal Education and Training.
* Mediation / Conflict Resolution Training & Support. (FOR YP?)
 | Unit 1A Shangan Neighbourhood Centre, Shangan Road, Ballymun,Dublin 9. | Ciara Murray (Centre Manager)Christina Beresford (Information Officer / Legal Executive)  Tel: 01-8625805Email: info@bclc.ie Web: [www.bclc.ie](http://www.bclc.ie)   Facebook: <https://www.facebook.com/ballymuncommunitylawcentre> |  |  |  |
| Ballymun Educational Support Team -School Completion Programme(BEST SCP)*BEST SCP contd* | * **In-School Support** - A wide range of school based programmes (small group and one to one work) that address the needs of targeted children and young people who for a variety of factors may be at risk of early school leaving. Note: BEST SCP Project Workers are based in the following schools:
* Virgin Mary Boys & Girls School
* Holy Spirit Boys & Girls School
* St Josephs Junior & Senior School
* Scoil an tSeachtar Laoch
* Trinity Comprehensive
* **Out of School Support-**Intensive Parent and Child Support Programme; with specific focus on personal, social, emotional and relationship needs, together with educational engagement challenges and interagency work as appropriate**.** (Parent and Child engage with intervention separately and collectively)

Mustmeet the SCP out of school criteria- which can include a combination of reduced timetable, multiple/rolling suspensions, expelled, a school refuser, chronic attendee, long term out of school, non transfer from primary school to post primary.* Structure:

Parent: 1 one to one session per weekChild: 3 one to one sessions per week* + Duration: 14-16 weeks.
	+ Age range: 11-15 years.
 | BEST UnitGeraldstown HouseBallymun CrossDublin 9 | Hazel WalshBEST Project ManagerTelephone/Fax 01 8422166Email: hazel.walsh@scp.ie Rachael Murphy Project WorkerTelephone: 0852844111Email: rachael.murphy@scp.ie  | Levels 2, 3Levels 2,3 | YesYes | YesYes |
| Ballymun Family Support | * Offer Support to family members living with substance misuse.
	+ Group Support
	+ One to One Support
	+ Telephone Support
	+ Advocacy/Advice/Information
* Age Range: Over 18yrs
* Opening Times: Mon to Fri 9:30 – 17:00
 | Horizons CentreBalcurris Road,Ballymun,Dublin 11 | Paul BrowneTel: 01 846 7930Mobile: 085 200 9763 | Level 2 | Yes | Yes |
| Ballymun Local Drugs & Alcohol Task Force(BLDTAF)*Ballymun Local Drugs & Alcohol Task Force contd* | * Strengthening Families Programme
* Develop/support prevention, treatment, and rehabilitation initiatives related to drugs and alcohol.
* Support and coordinate interagency networks (e.g. Ballymun Network for Assisting Children & Young People).
* Provides funding for Ballymun Family Support Services (addiction) through the STAR Project
* Age Range: 0 -18yrs + families
* Opening Times: Mon to Fri 9:00 – 17:00
 | Axis CentreMain StreetBallymunDublin 9 | Mary Fitzpatrick/Roisin ByrneTel: 01 883 2142Website: [www.ballymunlocaldrugstaskforce.ie](http://www.ballymunlocaldrugstaskforce.ie)SFP Facebook:[www.facebook.com/ballymun.strengtheningfamiliesprogramme](http://www.facebook.com/ballymun.strengtheningfamiliesprogramme)SFP Website:[www.sfpcouncilireland.ie](http://www.sfpcouncilireland.ie) | Level 1-3 (via support of other agencies) | Yes(only SFP) | Yes (only SFP) |
| Ballymun Regional Youth Resource(BRYR) *BRYR contd* | * Open/ Drop in activities
* Targeted group work
* Music
* Digital Media
* Drama
* Sports and Fitness
* Café – Food program
* Young Mother Group
* Gaisce
* Localise
* One- to-one support
* Summer programme – Aug
* What’s up –Youth Mental Health Service
* Volunteers Programme
* European Youth Exchanges
* Community Arts Festivals
* ***Outreach Program 10 – 24yrs***
* Open/ Drop in activities
* Targeted group work
* Music
* Outreach street work
* One to one support work
* Case management
* Outfit programme
* Easy street programme
* Parks programme June & July
* Advocacy
* Schools Outreach
* Summer programme
* Support community festivals
* Gym sessions
* Easy Street running club
* What’s up –Youth Mental Health Service
* ***Youth Projects Program 10-24 yrs – Gender specific programme***
* Open/ Drop in activities
* Targeted group work
* Music
* Art
* Digital Media
* Sports and Fitness
* Café – Food program
* Young Mother Group
* One- to-one support
* Summer programme – Aug
* What’s up –Youth Mental Health Service

Opening Times: Mon –Fri 9:00 – 21:00 | Ballymun Regional Youth ResourceThe RecoSillogue RoadBallymunDublin 11 | ***Temp Youth Work Project leader*** Denise Mc Donnell Tel: 01 866 7600Mobile: 085 8766619***Outreach Project Leader***Angela BirchTel: 01 866 7600Mobile: 085 281 2339***Youth Projects Leader***Denise Mc DonnellTel: 01 866 7600Mobile: 085 8766619 | Level 1-3 Level 1-3Level 1-3 | Not for youth work program just registration NoNo | Yes YesYes |
| Ballymun Youth Action Project(BYAP) *BYAP contind* | * The Services within the Ballymun Youth Action Project provide responses to individuals, families, or to the community, at any stage of their journey of concern about drug or alcohol use.
* Services for Families within BYAP provide the opportunity to address family system issues impacted by drug/alcohol use.
* The services also provide the opportunity to address the impact of substance use on parenting.
* Services provided include:
* Provision of information
* Individual key working and counselling
* Couple/Family counselling
* Education Programmes
* Advocacy and Support
* Age Range: Pre Birth (Pregnancy) upwards, with no upper age limit.
* Opening times:
* Mon 9:30 – 20:00
* Tue - Fri 9:30 – 17:00
 | Horizons Centre,Balcurris RoadBallymunDublin 11 | Dermot King (Director)Client Programmes Coordinator: Brian FoleyAdmin: Cara FennellyTel: 01 842 8071\* Not required except where BYAP has an agreement with a particular agency in relation to referral processes. | Level 1-3 | No \* | Yes |
| Ballymun Youth Block Garda Youth Diversion Project, Crosscare (BYB)*BYB contd* | * Ballymun Youth Block, Garda Youth Working with youth referred from different agencies, primarily JLOs offering needs based interventions and workshops include:
	+ Tailored Individual Support/ Interventions
	+ Tailored Small Groups
	+ Crises Support
	+ Health & Wellbeing
	+ Social & Life skills
	+ Mental Health Wellbeing Programmes
	+ Criminality Awareness Programmes
	+ Addiction Awareness Programmes
	+ Parental support
	+ Education & Training support
	+ Sexual Health Programmes
	+ Cooking Programmes
	+ Advocacy
	+ Drop In
	+ Art
	+ STEM/Digital Media
	+ Anger Management
	+ Outdoor Learning
	+ Residentials
	+ Sports and Fitness
	+ Gaisce
	+ Jobs Club/NEET Support
	+ Summer Programme
	+ Residentials
* Age Range: 12-17
* Opening Times: 11.00 - 21.00
 | Lighthouse Portacabin (behind Reco), Sillogue Rd, Ballymun,Dublin 9 | Nora Moriarty (Manager): Tel: 01 856 1383/ 085 119 6164Email: nmoriarty@crosscare.ie Ger Scott:Tel: 01 551 7486/ 085 130 0209Email: gscott@crosscare.ie John McFadden:Tel: 01 551 7486/ 085 130 0208Email: jmcfadden@crosscare.ie Shona Whelan:Tel: 01 551 7486/ 085 780 2469 Email: swhelan@crosscare.ie  | Level 3-4 (high 2 may be considered) | Yes(but must meet criteria - assessment is carried out before admittance) | Yes (limited)(but must meet criteria - assessment is carried out before admittance |
| Ballymun Youthreach | * Second chance education at QQI Level3,4,5
* Career Advocacy
* In-house Counselling Service
* Wide and diverse range of subjects
* Age Range: 16-20yrs (not in full-time education)
* Opening Times: Mon – Fri 9:00 – 16:30
 | (Beside the Library)Ballymun Road,Dublin 11 | Lionel Duffy (01) 842 0482Lionel.duffy@yrballymun.cdetb.ieValerie HammondValerie.hammond@yrballymun.cdetb.ie  | Level 2 - 3 | Yes | yes |
| CAMHS (Dublin North City & County) | Service Provided: Provides assessment and treatment for young people and their families who are experiencing moderate to severe mental health difficulties. * Age Range: up to 18yrs
 | Ballymun Healthcare Facility, Civic Offices, Ballymun Road, Dublin 9 | Team Co-ordinator: Andrew Sheridan 01 846 7219\* Referral form by GP or specific senior clinical professionals as set out in CAMHS SOP | Level 3 &4 | Yes\*  | No |
| Daughters of Charity-Lisdeel Family Centre | * Therapeutic Interventions Offered:

A broad range of therapeutic support services for children and their parents/carers, covering a wide range of issues: * Developing coping skills & building psychological resilience
	+ Bereavement/loss/separation
	+ Supporting children & Young people with mild anxiety/social phobias.
	+ Relationships & Relationship building
	+ Developing social skills & Self esteem
	+ Coping with the impact of mental illness in the family
	+ Coping with the impact of substance misuse in the family.
	+ Coping with the impact of Domestic, Community and/ or Family Violence.
	+ Various Parenting Programmes inc

Co-operative Parenting (with separated parents), Marte Meo, Circle of Security & NVR (child to parent violence), Understanding children’s development* + Individual one-to-one support
	+ Parent-child relationship issues
	+ Sibling Work
	+ Group work
* Age Range: 0-18yrs with parents/carers
* Opening Times: contact the service
 | Lisdeel Family Centre,Lisdeel House,Swords Road,Santry,Dublin 9 | Cliodhna O’Sullivan (Manager)Tel: 01 862 5195Fax: 01 883 2585Email: lisdeelfc@docharity.ie **\***Priority is given to Social Work referrals.Referrals also accepted from all agencies and self-referrals are welcome. Referral forms can be obtained from the centre at the email address given. | Levels 2-4 | Yes**\*** | Yes**\*** |
| Depaul Ballymun Case Management Team | * The service supports families residing in the Travelodge Hotel and Plaza Apartments. We have one community worker who provides support to single people or families residing in the Ballymun area.
* ***Case-management:***

The service supports family to address any identified support needs such as housing need, family support, substance use, mental / physical health concerns, living / budgeting skills and legal issues * ***Specialist resettlement support:***

The service specialises in supporting clients who have a housing need; those who are homeless or are at risk of homelessness and those who are trying to move out of homeless accommodation. * ***Alcohol support:***

The service also specialises in supporting people to address issues with alcohol use.* Age Range: The service does not work directly with children but can support families in a variety of ways.
* Opening Times: Mon – Fri 09:00–17:00
 | Social Innovation Hub, 1st Floor, Civic Offices,Main St, Ballymun | Ciara O’Connell (Manager)086 701 5282Case-managers:* Martin Holohan,
* Áine Holland
* Celia Flanagan

Tel: 01 891 6103 | Level 2 | NoIdeally ring to make an appointment or drop in. | Yes |
| Dublin City Council (DCC)Social Support/Family Support  | * The Social Support Service/Family support service aims to help tenants with their housing issues and liaise on their behalf within DCC
* Assist tenants in creating links with local community supports where appropriate, MAB  (money advice) Addiction Services, Law Centre, Citizens Info, Services for children and the elderly etc.
* Age Range: Adults & families
* Opening Times: Mon to Fri 9:00 – 17:00
 | Dublin City Council Civic Office 2nd Floor Main StBallymun | Jude Mc HughTel: 01 222 5741 | Level 2  | No | Yes |
| Dublin City Council (DCC) Social Work Section | The Social Work Section provides the following services; Social Work Service, Mediation and Exceptional Social Grounds (ESG) Scheme. If you are a tenant or prospective tenant of Dublin City Council, or in need of housing support, we can assist with;* housing and tenancy issues,
* rent arrears,
* child and family matters,
* marital issues,
* addiction,
* young people and education,
* needs of older people,
* vulnerable people
* People with mental health difficulties.

We can talk to other departments in Dublin City Council on your behalf or refer you elsewhere. | Housing Welfare Officers/Social Workers Ballymun Civic CentreMain StBallymun Dublin 901 222 5610 | Ruardhi Garvey (Housing Welfare Officer/Social Worker) Tel: 01 222 3341 **Ballymun Clinic times:** 10:00-12:00 | Level 2-4 | Yes | Yes |
| An Garda Síochána Ballymun JLO Office | * Juvenile Diversion Programme
* Age Range: 12 -18yrs
* Opening Times: 10:00 – 24:00
 | Ballymun Garda StationMain StBallymun Dublin 9 | Main Number: 01 666 4400JLO Officers: 01 666 4409/4434/4442Sergeant Seamus V Treacy: 087 060 1623 | Level 1-4 | No | Yes |
| HSE Primary Care Psychology Service *HSE Primary Care Psychology Service contd.* | * Referrals are accepted for children, adolescents and young people where primary care psychological services are the most appropriate service. Families can self-refer or be referred by GP, school etc. Referrals will only be accepted with **signed** parental consent.
* Emphasis on early intervention for clients experiencing **mild-moderate** social, emotional or behavioural difficulties.
* Services include:
	+ Psychological assessments of social, emotional and behavioural difficulties
	+ Psychological formulations i.e. an explanation of why and how difficulties have come about and what is now maintaining them.
	+ Feedback of formulations to clients, families and other involved parties and consultation as to how to effect change or cope with identified difficulties.
	+ Evidence based psychological therapy and interventions services to children, families and groups.
	+ Case consultation to staff and other involved parties in relation to a case’s psychological aspects.
	+ Education to other health service providers about psychological aspects of their work.
	+ Monitoring and reviewing interventions.
	+ Community education about good psychological health
* Age Range:0-18yrs. (Young people over 18yrs can access the Primary Care adult service which uses the same referral form and referral criteria.)
* Opening Times: 9:00 – 17:00
 | HSE, Primary Care Psychology Services,Ballymun Civic Centre, Ballymun, Dublin 9 | Catherine Kennedy, admin supportTel: 01 846 7154Email: catherineE.kennedy@hse.ie **\*** A standard Primary Care referral form is available from the Psychology dept |  | Yes **\*** | Yes |
| Men’s Networking Resource Centre of Ireland Ltd | * Support for Homelessness
* Support around family law issues
* Supervised Child Access (for access granted through the Family Courts)
* Drop-in Centre for adults
* Age Range: 0-18yrs with parents/ Adults
* Opening Times: Mon –Fri 9:00 – 16:00
 | 54/56 Gateway CrescentBallymun Dublin 11 | Ann Hyland (Manager)Tel: 01 862 2194Email: mensnetworkresource@hotmail.com  | Level 1 -3 | No | Yes |
| Our Lady’s Nursery Ltd | * Our Lady’s Nursery provides full day childcare provision for children from the Ballymun area.
* Children range in age from 4 months to school age.
* We have 112 places available in 7 childcare rooms, The breakdown is as follows:
	+ 12 baby places- 4 mths to 18mths
	+ 14 Toddler places – 18mths to 2 ½ yrs
	+ 64 full time preschool places
	+ 24 part time ECCE places (free preschool)
* Opening Times: Mon to Fri 9:00 – 16:00
 | 121 Sillogue Gardens, Ballymun Dublin 11. | Bernie Kelly (Manager)Tel: 01 842 1142Email: bernieourladysnursery@hotmail.com**\*** All children attending the nursery are referrals from Tusla/HSE | Level 1-2 | Yes **\*** | No  |
| Pieta House | * Assessments
* One to one therapy
* Family support (when client is treatment)
* Age range: all ages
* Opening times:
	+ Mon – Fri, 09:00 - 21:00
	+ Sat, 10:00 – 14:00
 | 22 Coultry Rd,Santry WayBallymunDublin 9. | Linda Murray 01 883 1000Christine Holmes 01 883 1000Duty mobile 085 217 6124 | Suicidal/Self-harm | No | Yes |
| Poppintree Youth Project | * An independent community youth project An independent community youth project that responds to the needs of young people and the community by providing informal and non formal educational and developmental opportunities for young people
* Age Range: 10-24yrs
* Opening Times:
	+ Mon – Thu: 14:00 – 22.00
	+ Fri: 14:00 – 21:30
	+ Tue morning: 10:00 - 13:00
	+ Office hours: Mon – Thu, 10:00 -13:00
 | Poppintree Youth CentreC/o Poppintree Community Sports Centre,Balbutcher Lane NorthBallymunDublin 11(Entrance to the Youth Centre is on Gallaun Rd) | Fran Mc Veigh (Manager)Tel: 01 862 4580Mobile: 085 110 0240Email: info@poppinyp.com  | Level 1-3 | No | Yes |
| Sillogue Neighbourhood Centre Services*Sillogue Neighbourhood Centre Services contd* | **Dublin City Council/NorDubCo** * + Resident engagement & community development including:
	+ Support for those setting up men’s and women’s and resident groups
	+ Weekly ladies group with a focus on activities
	+ English Conversation Class
	+ Weekly Neighbourhood Prize Bingo
	+ Crochet/knitting/Crafts
	+ Courses QQI level 5 in Psychology/Bridge to Education/Community Organisation Management level 6 delivered in partnership with DCU in the Community
	+ F.A.C.T. (Families Autism Coming Together) Support group for local Parents with Children with Autism
	+ Weekly AA meetings /Weekly CA meeting
	+ Rooms to hire for local groups to meet/have meetings
	+ Photocopying services
	+ Age Range: adult
	+ Opening times:

Mon – Thu, 8:30 – 17:00Fri 9:00 – 13:00 | Sillogue Neighbourhood CentreSillogue Road BallymunDublin 11 | Lynda Ward / Val KeatingTel: 01 563 5263Rita LynchCommunity Employment SupervisorTel: 01 563 5263 |  | No | Yes |
| St Margaret’s Traveller Community Association*St Margaret’s Traveller Community Association contd* | St Margaret’s Travellers Community Association (SMTCA) is a coming together of Travellers and settled people and aims to promote the equality of Travellers as a nomadic ethnic group having their own distinctive culture. We aim to promote Traveller self-determination and work for real change and improvement in Travellers living circumstances, health, education and social circumstances. The work of SMTCA is rooted in the Principles of Community Development.At present this work includes:* Men’s and Women’s Groups training and development
* Residents Group development
* Primary Health Care Project
* Homework Clubs Youth Work
* Networking Activities
* Advocacy Work
* Policy Development
* Accommodation work.

Age Range: all age ranges Opening Times: Mon to Fri | St Margaret’s ParkSt Margaret’s RoadBallymunDublin 11 | Damien Smyth Phone 01 862 2144Email: saintmargarets@eircom.net | Level1 | No | Yes |
| Tir Na nÓgBallymun Day Nursery Ltd | * Preschool Service
* Sessional/ECCE
* Part-time Subvention
	+ Full time
* Services for parents with enrolled children
	+ Marte Meo Therapy
	+ Parents Club
	+ Stay & Play Toddler Group
* Age Range: 2yrs to 5yrs
* Opening Times: 8:45 – 17:00
 | Sillogue RoadBallymun Dublin 11 | Mary Brady (Director of Services)Tel: 01 842 3339Mobile: 086-208 8455 | Level 2-4 | Yes | Yes |
| *TUSLA* *Partnership Prevention & Family Support (PPFS):*Geraldstown House Family Resource Centre*Geraldstown House* *Family Resource Centre contd* | * This service works collaboratively with families and offers individual *Family Support* to families, parents, children & young people.
* Geraldstown House also facilitates a range of evidence based and evidence informed programmes and groups including:
	+ *Time with My Child* (Parents & children 0-5yrs)
	+ *Meditation Support* for parents who have completed the 8 week Mindfulness MBSR programme
	+ Wellness Recovery Action Plan (*WRAP*) for parents (8 weeks)
	+ *Cook It* Programme for parents (6weeks)
	+ *Parents Support Group*
	+ *Ballymun Breastfeeders*
	+ *Non Violent Resistance Programme* for parents
	+ Partner agency for *Incredible Years Parenting Programme* and *Circle of Security* Programme
	+ Host Agency for Ballymun *Strengthening Families Programme*
	+ Host Agency for the *Aware Life Skills Programme*
* Age range: 0-18yrs, Parents, adult & extended family members
* Opening Times: 9:00 – 17:00
 | Geraldstown HouseFamily Resource CentreBallymun CrossDublin 9 | Tom O’Donnell (Project Manager)Tel: 01 842 2544/2408Mobile: 087 247 9924Email: thomas.odonnell@tusla.ie  | Level 1-4 | Yes | Yes  |
| *TUSLA* *Partnership Prevention & Family Support:*Meitheal | * Tusla, the Child and Family Agency have developed Meitheal, the National Practice Model to help meet the needs and develop the strengths of children and their families in a timely way and to ensure that children and families get the help and support needed to maximise their outcomes and rights. Meitheal is a voluntary, early intervention, multi-agency (when necessary) response tailored to needs of an individual child or young person.
* Age Range: 0-18yrs
* Opening Times: 9:00 – 17:00
 | Geraldstown House Family Resource Centre Ballymun Cross Dublin 9 | Paul Madden (Child and Family Support Network Coordinator)Mobile: 086 026 4944E-mail: paul.madden@tusla.ie *The Child and Family Support Network Coordinator is responsible for coordinating work on Meitheal and supporting services and practitioners to successfully use the model.* | Level 2-3 | Yes | Yes  |
| Youngballymun*Youngballymun contd**Youngballymun contd* | * Youngballymun is a prevention and early intervention strategy which is part of the national Area-based Childhood (ABC) programme in Ireland. The Youngballymun strategy is focused on developing capacity of parents and practitioners across children’s services in the health, early years, primary education and community to improve learning and wellbeing outcomes for children. Youngballymun works across the lifespan from pregnancy and infancy through to the end of primary school focusing on:

 * **Infant & Early Years Mental Health – services for 0-5 year olds and their parents: Promoting optimal social and emotional development for young children, supporting positive relationships between parents and their children.**
	+ **Baby Massage** 5 week course for parents and babies (birth to crawling).
	+ **Talk and Play Every Day** group for parents and toddlers 12-24 months.
	+ **Circle of Security** attachment-focused group for parents. These are taking place in various venues in Ballymun.
	+ **Home visiting therapeutic service** for parents of 0-3s where particular need is identified.
	+ **Infant Mental Health Courses** for practitioners.
	+ Youngballymun hosts **Circle of Security Training** for practitioners.
	+ Youngballymun facilitates a monthly **Infant Mental Health Learning Network** for practitioners.
	+ **Social and Emotional Wellbeing – through the delivery of a suite of programmes to support social, emotional and behaviour skills of children. Youngballymun focuses on supporting parents in their role as primary caregiver:**
	+ **Incredible Years Parent Programmes** are designed to build children’s self-esteem, promote positive behaviour and strengthen the relationship between parents and their children.
	+ **Incredible Years Basic Parent Programme** run in partnership with Youngballymun, Home School Community Liaison Teachers and Tusla practitioners across primary schools in Ballymun. These are 14 week programmes.
	+ **Incredible Years Extended** Programme for parents of children who meet specific criteria
	+ **Incredible Years Advanced** for parents who have completed the Basic Programme
	+ **Parents Plus:** Parenting When Separated
	+ **Themed workshops:** How to help your child manage anxiety and overcome worries, Paediatric First Aid, Cyber Safety etc.
* **Family and Community Language & Literacy – family literacy programmes support parental capacity to develop children’s language and literacy skills**
	+ **Family literacy programmes** are designed to equip parents with skills and strategies and develop resources to promote children's language and literacy and bring books to life. Programmes run in partnership with Youngballymun, Home School Community Liaison Teachers and Speech and Language Therapists in primary schools and community venues.
	+ **Story Sacks** 8 week courses run in primary schools across Ballymun throughout the year
	+ **Book Clubs** are run in conjunction with other Youngballymun programmes (Incredible Years, Baby Massage) to integrate reading(4 week course)
	+ **Breakfast Buddies** takes place a number of times over the year. All parents and local practitioners are welcome.
	+ **Youngballymun coordinate the Oral Language Forum** which brings together practitioners and academics to share best practice and capture the benefits of integrated service delivery.
* Age Range: 0-12yrs & parents
* Opening Times: 9:00 – 17:00
 | Axis Arts Centre,Main Street, Ballymun, Dublin 9 | Fiona Gallagher (Project Manager)Tel: 01 883 2186Contact: Hazel Murphy 087 204 2715 hazelm@Youngballymun.org Contact: Mary Fanning 01-8832156 mary@Youngballymun.orgContact: Cathy Kiernan 0876173667 cathy@Youngballymun.orgLiz McCarthy 0876347001 liz@Youngballymun.orgContact details: Lána McCarthy 0879019069 lana@Youngballymun.org | Level 1-4 (depends on the particular components of each of the services) | No (for most services) | Yes (for most services)  |

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| ***Appendix 1*****Level of Need** (as outlined in TUSLA, Child & Family Agency, *Thresholds for Referral to TUSLA Social Work Services*, Mar 2014)**.** **Level 1 Universal Services** – Universal preventative and social services**No additional needs/child achieving expected outcomes.** At this Level most children have their needs met through the care of their families and the support of universally provided services (for example, schools, primary health care and leisure facilities).**Level 2** **Low to Vulnerable** – Support and therapeutic intervention for children and families**Children with additional needs.** A child or young person identified as having additional needs may require some additional support without which they would be at risk of not reaching their full potential. The additional support may relate to heath, social or educational issues.**Level 3 High or Complex** – Therapeutic and support services for children and families with severs difficulties**Children with multiple (complex) additional needs.** A child or young person whose needs are not fully met due to the range, depth, or significance of their needs and whose life chances will be jeopardised without remedial intervention/support. These children will need a more co-ordinated multi-agency response through the Meitheal Model or the Initial Assessment process.**Level 4 Complex or Acute** – Intensive and long-term support and protection for children and families**Children with highly complex, acute and/or immediate risk of harm.** A child or young person who may be at risk of harm will require specialist assessment from TUSLA social work teams alongside other agencies already working with him/her. |