

Nuachtlitir Feabhra 2022

FÓN: 018622275

Ríomhphost: eolas@gaelscoilbhailemunna.ie www.gaelscoilbhailemunna.ie

Maor Tráchtá Nua/ New Traffic Warden



Ba mhaith linn fáilte a chur roimh an Maor Tráchtá nua Brian atá linn.

We would like to welcome our new Traffic Warden Brian to Gaelscoil Bhaile Munna. Brian will be positioned at the corner opposite the side entrance of the school. Please encourage your child to cross the road where either Brian or Karen are located, especially in the mornings when the traffic in the vicinity of the school can be very busy.

We would also like to thank councilor Mary O'Callaghan from the Social Democrats who helped with our request for a new traffic warden. Maith thú Mary!

Dátaí Tábhachtacha/Important Dates

Lá Fhéile Pádraig/ St Patrick's Day

Beidh an scoil dúnta ar an 17^ú & 18^ú Márta/ School will be closed on Thursday 17th and Friday 18th March.



Cóineartú ar an 3^ú Márta

Beidh cóineartú againn le rang 6 Déardaoin 3^ú Marta ag 11r.n.

Rang 6 will celebrate their Confirmation on March 3rd in Our Lady of Victories Church at 11a.m.



An Chéad Chomaoineach ar an 20^ú Bealtaine

Beidh An Chéad Chomaoineach againn le rang 2 ar an 20^ú Bealtaine ag 11.r.n.

Rang 2 will celebrate their First Holy Communion on Friday May 20th in the Virgin Mary Church at 11a.m.



Comhghairdeas do mhúinteoir Aisling. Phéinteáil sí an pictiúr iontach seo d'ár seana scoil. Maith thú múinteoir Aisling is ealaíontóir iontach thú!

Congratulations and a big thank you to **múinteoir Aisling** who has kindly donated her beautiful painting of our old school. I think you will all agree she is an incredible artist!!



Foirm Leigheas/Administration Medicine Policy Form

Should your child need to take medicine during school hours you will need to complete a Medicine Administration Form. You can obtain this form via email at runai@gael scoil bhailmunna.ie

Seachtain na Gaeilge 1^ú-17^ú Márta

Beidh Seachtain na Gaeilge ar siúl sa scoil ar an 1-17 Márta 2022. Beidh Gardaí na Gaeilge ar an gclós gach lá. Táimid thar a bheith bródúil as na páistí agus na tuismitheoirí go léir sa scoil agus an iarracht atá a dhéanamh acu an Ghaeilge a labhairt.



Seachtain na Gaeilge will held in schools across the country on 1st-17th March. The Gardaí na Gaeilge will be on the yard everyday listening out for all those using their cúpla focal Gaeilge. We are extremely proud of all the children and parents in the school who are making a huge effort to use their Irish words and phrases. Maith sibh!

www.gaeloideachas.ie is a fantastic website for Parents of pupils attending a Gaelscoil. Resources are available in both Gaeilge & Bearla.

New Guidelines for Schools

With effect from Monday February 28th several restrictions have been lifted in schools and we are delighted to announce that there will no pods in classes. We look forward to re-introducing more activities back into the school day e.g. Swimming Lessons/Ceachtanna Snámha, Hurling Lessons/ Ceachtanna Íománaíochta and also a return to the pre COVID timetable whereby all classes will start at 8.30am.

While we welcome these positive new changes, the fact remains that COVID is still highly transmissible which can impact heavily on staff and pupil's health and attendances, so with that in mind we would ask that you **do not** send your child to school if they have **symptoms of COVID 19**



Rang 3 Ceachtanna Snámh ag tosú ar an 3^ú Márta

Rang 3 will be going to swimming lessons on Wednesdays for the next six weeks starting on March 3rd. The class will be taught by qualified swim instructors. Please make sure you teach your child how to put their own swimsuits on and off them.



Íomanaíocht/Hurling

Beidh Liam ó Setanta ag muineadh ceachtanna íománaíochta le gach rang sa scoil ag tosú ar an 3^ú Márta.

Coach Liam from Setanta Hurling Club will be teaching hurling lessons to all students in the school for the next six weeks beginning on Wednesday March 3rd.



Cúrsa Cócáireachta:

Beidh cúrsa cócaireachta á reachtáil againn sa scoil do thuismitheoirí gach Máirt ón 15ú Márta-5ú Aibreán (ceithre sheachtain) ó 11-1. Foghlaimeoidh tú conas roinnt béilte sláintiúla blasta a ullmhú agus beidh píosa craic agaibh freisin. Níl ach líon teoranta áiteanna sa chúrsa; má tá suim agat, labhair le Múinteoir Ailbhe ar 085 860 3363.

We will be running a cookery course for parents (Healthy Meals with a Twist) every Tuesday from the 15th March - 5th April (4 weeks) from 11-1. You'll learn how to cook tasty, healthy meals and have some fun while you're at it. There are limited places available so if you're interested, contact Múinteoir Ailbhe on 085 860 3363.

Le gach dea-ghuí,

Ailbhe Ní Shíocháin

Múinteoir TBSP

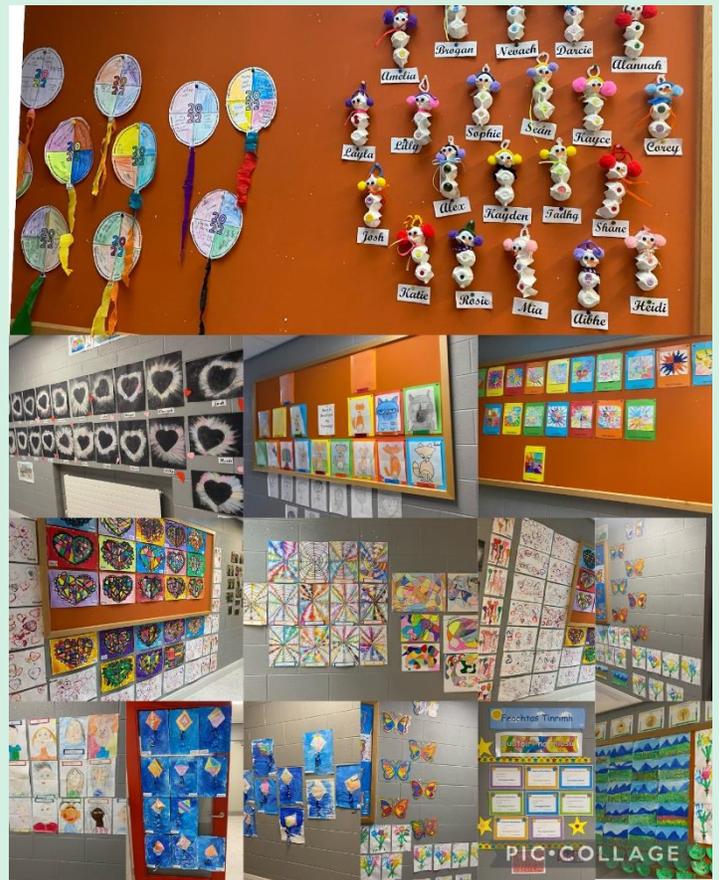
Gaelscoil Bhaile Munna

085 860 3363

Rang 3 sa halla



Feach ar an ealaín álainn timpeall na scoile tá gach duine ag déanamh sár Jab!!!



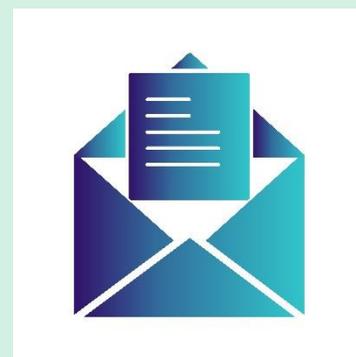


If you have a new phone number please make sure to notify the school as it is really important the numbers given are accessible and any person written on the information forms are aware their number has been given. Parents/Gaurdians must be contactable in case of emergency.

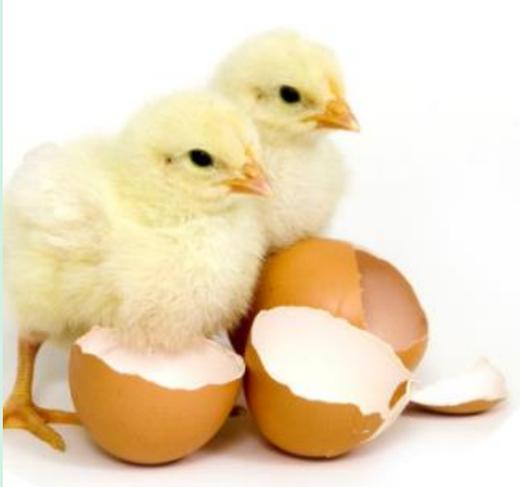
Tá spóirt agus spraoi i rang 5 faoi láthair agus muid i mbun gleacaíochta. Tá ag éirí go híontach leo!

Rang 5 are having great fun as they learn gymnastics in P.E. They are doing so well!

A written explanation is required when your child is absent from school, this should be sent in email to your child's class teacher or to Michelle @ runai@gaelscoilbhailemunna.ie



Tosaíonn an scoil ag 8.30r.n., bí in am le do thoill!
 School starts at 8.30a.m., please be on time!
 Vital work is being missed when páistí regularly arrive late for school.



Bhí an-sceitimíní ar rang 1 nuair a tháinig ár ngoradán leis na huibheacha sicín!

There was great excitement in rang 1 when the incubator arrived from Cock-a-doodle-doo with our chicken eggs. Rang 1 are taking part in a twelve-day School Hatching Programme.

This is a truly magical and educational event for the páistí. The programme involves bringing fertilized chicken eggs to schools so that the páistí can see them being hatched in the incubator. It is a fun and rewarding experience for children and it brings them closer to nature by seeing the chicks being born!!



Better Ballymun Day - Public talks on Fairtrade in the Axis Theatre

What is Fairtrade?

How is **Our food** Linked to **global inequality?**

How does Fair Trade help food producers and the climate? What does it have to do with me?

Join us for

Five Expert Talks

4 March 2022

10 h 15	Alex Whyatt	- Food and inequality
11 h 15	Irene Sullivan	- Food and biodiversity
12 h 15	Killian Stokes	- Moyee and FairChain
13 h 15	Mary Malone	- Working in Ethiopia
14 h 15	Emer Savage	- Food and waste

Axis Theatre, Ballymun

#BetterBallymunDay




Bíonn neart codláta ag teastáil le leanaí/ Children need plenty of sleep



Sleep is important for every part of the body, and it is especially important for young children as their bodies and minds develop. In young children, the lack of sleep or poor-quality sleep can be associated with difficult behaviors, lower capacity to learn and retain information, and a tendency for poor eating patterns and weight gain.

READY FOR SCHOOL ROUTINE
Easy steps to get to school today

1. Get up on time
2. Breakfast
3. Uniform
4. Books
5. Journal
6. Bag
7. Leave home on time

BALLYMUN SCHOOL ATTENDANCE
Community Action Initiative
Let's all do something about it!

Aim to get enough sleep for your child's age

Children of different ages need different amounts of sleep and while there are no exact amounts, in general, children aged between five and 12 need at least ten hours of sleep - this of course can vary between children.

Aim for:

Age	Recommendation
3 - 5 year olds	11 - 12 hours at night, plus a daytime rest of up to 1 hour
5 - 12 year olds	10+ hours
over 12 year olds and teenagers	8 - 9 hours

BEDTIME ROUTINE
Be bright-eyed for school tomorrow

1. Bedtime snack
2. Technology Off
3. Wind down time
4. Pyjamas on
5. Toilet
6. Wash face, brush teeth
7. Storytime / Read
8. Lights off
9. Say goodnight
10. Sleep

BALLYMUN WHITEHALL SCHOOL ATTENDANCE
Community Action Initiative
Let's all do something about it!

Before starting the bedtime routine...
... get schoolbag, uniform and school lunch or school snacks ready for the morning.

What time is the right bedtime?
Children between 5 and 12 years of age need between 10-12 hours sleep a night. This means most children will need to be asleep by 8 or 9pm.

Useful Tip:
Pick a time that you want your child to be in bed by and then start the bedtime routine half an hour to an hour before your child needs to be asleep.

Ballymun Whitehall Area



